



Southeast Spine
and Pain Associates

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Supartz Knee Injection

15 minutes

Driver Required If In Dominant Leg

About your procedure:

When you have knee osteoarthritis, the hyaluronic acid (HA) in the synovial fluid in your knee joint becomes diluted and breaks down—reducing its natural properties. This is associated with increased inflammatory processes that can degrade the cartilage in your knee.

This inflammation causes pain receptors to begin firing during normal movement. The pain tends to cause knee osteoarthritis patients to limit movement which, in turn, limits to further deterioration of joint structures and synovial fluid quality because movement is required for normal synovial activity. This process can become a vicious cycle as the disease becomes progressively worse and quality of life is severely compromised for patients.

SUPARTZ FX (also called a viscosupplement) is a non-surgical, non-pharmacologic therapy for knee osteoarthritis. SUPARTZ FX therapy can help relieve your pain which improves your mobility and gets you back to your normal activities and a productive life.

Hyaluronan is a natural substance found in your joint cartilage and in the synovial fluid that fills your joints. In the knee joint, hyaluronan acts like a lubricant and a cushion in the knee. The goal of SUPARTZ FX is to supplement poor-quality hyaluronan in your painful knee with additional highly purified hyaluronan.

Read More: <http://www.supartzfx.com/what-is-supartz/>

Instructions:

- Stop any anti-coagulants (blood thinners) as advised by your physician.
- All procedure preparation instructions must be followed by the patient, or the physician reserves the right to reschedule your procedure.
- Inform your physician before your procedure if you are or could be pregnant.

What to expect:

- If you experience an increase in pain the day following your procedure, remember that this is normal. This pain is due to the local anesthetic from your procedure wearing off.
- Pain relief varies by each patient. Some patients experience relief immediately after the procedure, and some patients may require a few days for the procedure to take effect.

Complications to look for:

- Numbness, weakness, or tingling in your limbs (arms & legs) lasting greater than 24 hours
- New or unusual headaches or neck stiffness
- Unusual swelling or redness around the injection site
- If you experience any of these symptoms, please call our office at (865) 633-9469.
- If you experience difficulty breathing, chest pain, or any emergency, please call 911 or go to the nearest emergency hospital.